November 2026

OFFICE HOURS: 9AM-1PM MONDAY-FRIDAY
JENNY COPPERSMITH NUTRITION MANAGER
426-8309

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 LUNCH IS SERVED AT 11:30	2 Salisbury Steak w/gravy Peas & Carrots Mashed Potatoes Applesauce	3 Turkey w/gravy & Stuffing Green Beans Sweet Potato Casserole Cake	4 Fish Broccoli Rice Pilaf Orange Roll	5 White Chicken Chili California Blend Cinnamon Apples Cornbread	6 Hot Ham & Cheese on Toast Tomato Pie OJ Cake	7
8 MILK IS SERVED WITH EACH MEAL	9 Lemon Pepper Chicken Creamed Spinach Rice Pilaf Fruit Salad Pudding Roll	10 2 Shrimp Tacos Mexican Street Corn Pineapple Brownie	11 	12 Turkey & Spinach Pasta Salad Peppers & Broccoli Pasta Pasta Salad Orange Yogurt	13 Pork Roast w/gravy Brussell Sprouts Carrots Roasted Potatoes Fruit Cobbler Roll	14
15	16 Lasagna Green Beans Baked Apples Jell-O Garlic Bread	17 Chicken Salad Broccoli Salad Pasta Salad OJ	18 Turkey Tetrazzini Roasted Squash Peaches Roll	19 Baked Ham w/Black Eyed Peas Roasted Sweet Potatoes Rice Pudding Applesauce	20 Baked Chicken Succotash Potato Au Gratin Strawberries Cornbread	21
22	23 Beef Burrito w/cheese Pinto Beans Mexi Rice Peaches Brownie	24 BBQ Chicken Peas Mac & Cheese Apple Crisp Roll	25 Spaghetti Side Salad Jell-O Breadstick OJ	26 	27	28
29	30 Salisbury Steak w/gravy Peas & Carrots Mashed Potatoes Applesauce Roll					Donations are appreciated and needed