


# Perquimans County Center for Active Living



Phone: 252-426-5404  
 Fax: 252-426-1296  
 Website: [www.pcactiveliving.org](http://www.pcactiveliving.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Satur-
	1 Hometown Adventure—9:00 am	2 Simply Natural Creamery—8:00 am L.I.F.T.—8:30 am Advance Care— 9:00 am	3 Community Gardening—8:30 am EMS Vital—10:15am Golden Chimes — 10:30 am	4 L.I.F.T.—8:30 am Paper Possibilities Craft—9:00 am	5 Outdoor Games— 10:30 am	6
7	8 Planning Ahead— 10:30 am	9 L.I.F.T.—8:30 am Shopping—9:00 am	10 Community Gardening—8:30 am	11 L.I.F.T.—8:30 am WEAAD Walk— 9:15 am Croquet—12:30 pm	12 Outdoor Games— 10:30 am	13
14	15 Fire Safety— 10:30 am	16 L.I.F.T.—8:30 am	17 Community Gardening—8:30 am Photography 101— 10:30 am	18 L.I.F.T.—8:30 am Craft w/ Penny— 9:00 am	19 Day for Dads— 1:00 pm	20
21 	22 *Daily Activities*	23 L.I.F.T.—8:30 am	24 Community Gardening—8:30 am	25 L.I.F.T.—8:30 am	26 Movie—1:00 pm	27
28	29 Mr. Ted's Poetic Storytime— 10:30 am	30 Lunch & a Movie— TBA				