

Perquimans County Center for Active Living

July 

2025

Phone: 252-426-5404
Fax: 252-426-1296
Website: www.pcactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Stitches of Comfort— 9:00 am Museum Café— 1:00 pm	2 Gardening— 8:30 am EMS Vital —10:15 am Handbells — 10:30 am Ice Cream Social— 2:00 pm	3 Rock Painting — 9:00 am Bling It On!- 1:00 pm	4 CLOSED 	5
6	7 Take Control— 10:30 am	8 Tie Dye — 9:00 am	9 Gardening—8:30 am	10 Acrylics— 9:00 am Stitches of Comfort— 12:00 pm	11 Horseshoes— 10:00 am	12
13	14 Take Control— 10:30 am	15 Movie—10:30 am	16 Gardening—8:30 am Staying Connected— 10:30 am	17 Sew Much Fun— 1:00 pm	18 Cornhole—10:00 am	19
20	21 Take Control— 10:30 am	22 Shopping—9:00 am Terri's Card Making— 10:00 am	23 Gardening—8:30 am	24 Stitches of Comfort— 1:00 pm Museum Café— 1:00 pm	25 Cornhole—2:00 pm	26
27	28 Take Control— 10:30 am	29 Bocce & Shuffleboard— 10:00 am Advance Care Planning— 10:30 am	30 Gardening—8:30 am	31 Hometown Adventure —12:15 pm	*Check out our Daily Activities section of this month's newsletter for all our regularly scheduled programs and activities*	