



OCTOBER 2026

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
Don't forget to check this month's Daily Activities section for a complete listing of our regularly scheduled classes and activities				1 Paper Possibilities 9:00 am Chair Fusion - 10:30 am Chowan Fair - 4:00 pm	2 Dance Fitness 10:30 am	3
4	5 The Landings of the Albemarle 10:30 am	6 Escape Room 8:45 am Sound Journey 9:30 am	7 EMS Vitals - 10: 15 am Let's Talk Residents Rights 10:30 am BINGO - 1:00 pm	8 Acrylics 9:00 am Chair Fusion 10:30 am	9 Outdoor Games 10:00 am Dance Fitness 10:30 am	10
11	12 Cooking with the Season 10:30 am	13 Let's Go Shopping 9:00 am Drive-Thru Shred Event (At Albemarle Commission) 10:00 am - 1:00 pm	14 Flu Vaccine Clinic 9:00 am - 12 Noon BINGO - 1:00 pm	15 Craft with Penny 9:00 am Chair Fusion - 10:30 am Sew Much Fun 1:00 pm	16 Dance Fitness 10:30 am	17
18	19 Boost Your Memory 10:30 am	20 Historical Village at the Dismal Swamp Canal 8:30 am	21 BINGO - 1:00 pm	22 Chair Fusion 10:30 am	23 Dance Fitness 10:30 am Center Cinema 1:00 pm	24
25	26 George Washington Perquimans County Landowner 10:30 am	27 *Daily Activities*	28 BINGO - 1:00 pm	29 Chair Fusion 10:30 am Paper Possibilities 1:00 pm	30 Dance Fitness 10:30 am Pop into Fall 1:00 pm	31

**Perquimans County
Center for Active Living**

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