Once a month, please bring a snack to share! Snacks will be individually packaged for everyone to enjoy.

Monday

9:30 am - Exercise Class
11:30 am - Nutrition

Tuesday

10:00 am - Line Dancing
11:30 am - Nutrition

Wednesday

9:30 am - Exercise Class
11:30 am - Nutrition
1:00 - 2:45 pm - Bingo

Thursday

9:30 am - Healthy Loser
10:30 am - Chair Fusion
11:30 am - Nutrition *(Video Led)*

Friday

9:30 am - Exercise Class
10:30 am - Dance Fitness

11:30 am - Nutrition

DAILY *Activities*

*See monthly Activity Calendar for special programs and events

Perquimans County Recreation Facility!

310 S Granby St, Hertford, NC 27944

Pickleball:

Mondays, Tuesdays, & Thursdays at 8:30 am

Beginner Pickleball:

Mondays at 11:00 am Wednesday at 9:30 am

Afternoon Games

Available after 12 Noon

We provide the space, and you choose the game! Bring a friend or join a group!

- Bridge
- Canasta
- Chess
- Mah-Jongg
- Rook
- Phase 10
- Train Dominos
- Kings Corners
- Rummikub
- Tuck
- Five Crowns
- Puzzles
- Quiddler
- Checkers

Computer Station

Need to get online? Our four public computers are available for your use, along with tablets and other technology accessories to help you stay connected.

Fitness Room

Please consult your doctor before beginning any new exercise program and use equipment at your own pace

Stay active and keep moving with access to our exercise equipment. Registration and a signed waiver must be on file before using any exercise equipment.

Game Room

Looking for friendly competition? Our game room is equipped with billiards tables, darts, checkers, table tennis, and an air hockey table.

Outdoor Games

Available upon request

Get outside and enjoy a game of bocce, shuffleboard, cornhole, horseshoes, or pétanque!